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Learner Assessment Worksheet

Learning outcome 1: Be able to identify your strengths and areas for improvement

- 1.1 Identify your strengths and areas for improvement
- 1.2 Identify a long-term learning target
- 1.3 Give reasons for choice of learning target

Name:

Date:

Task 1

If you were to interview for a job, you would often be asked to list three of your strengths.

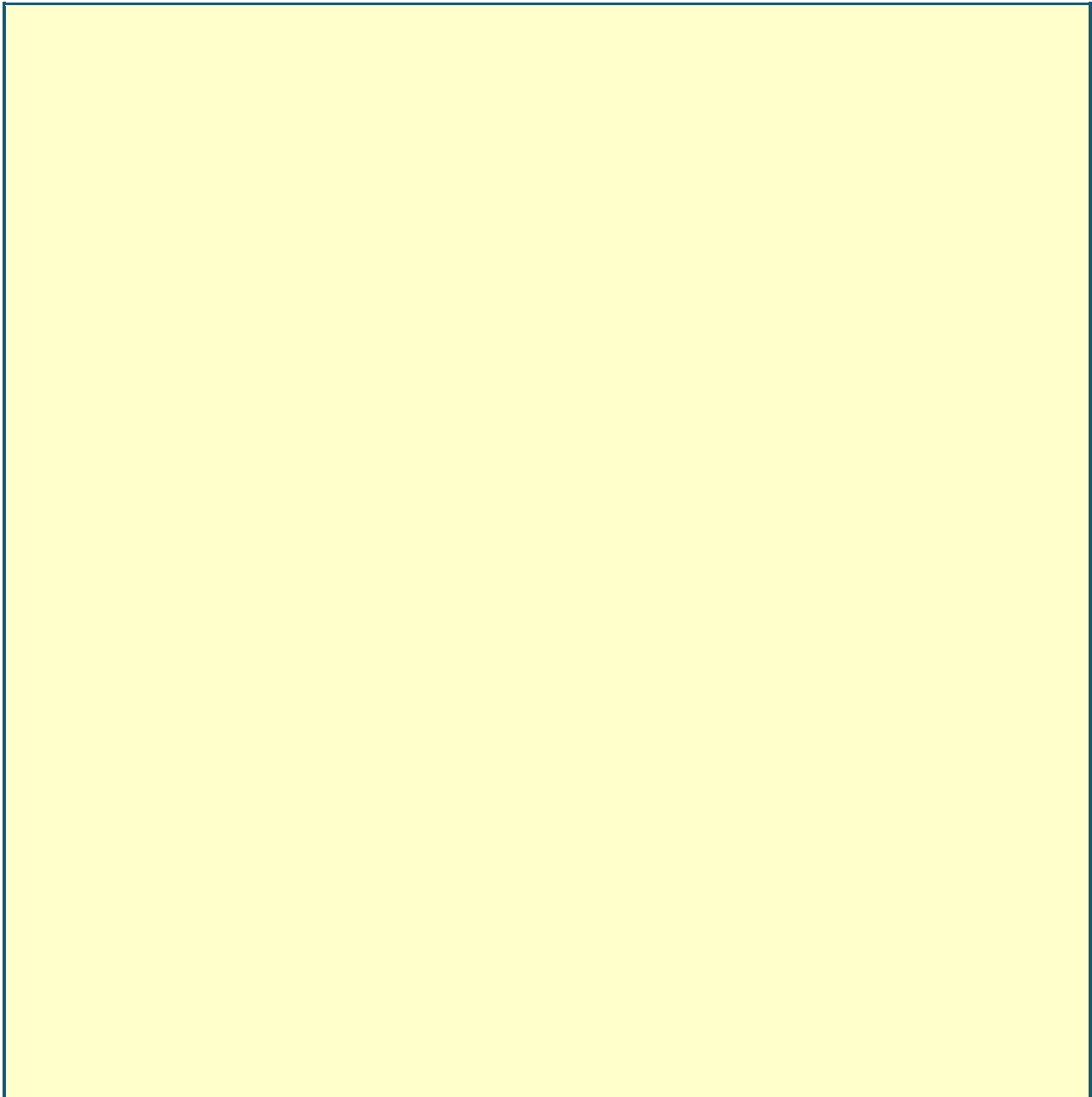
- Write down three of your strengths.
- Add a sentence for each one, explaining how that strength helps you to do your job well.

[Type your answer directly into the box.]

Task 2

Think about the last week. Write down a list of the tasks and activities you took part in.

- Once you have completed the list, go back and highlight the things that you found difficult.
- Choose three of the difficulties you have identified and describe your improvement areas further. Start your improvement statement with, 'I feel I need to improve when...'.

A large, empty rectangular box with a light yellow background and a dark blue border, intended for the student to write their response to the task instructions.

[Type your answer directly into the box.]

Task 3

Choose an area for improvement for yourself.

Write a long-term learning target using the SMART framework.

Specific	Measurable	Actionable	Relevant	Timed
<ul style="list-style-type: none"> • What do you want to learn? • How does your performance need to change? 	<ul style="list-style-type: none"> • How will you measure your success? • What evidence will you use to determine your success? 	<ul style="list-style-type: none"> • What steps will you take to accomplish your target? • What activities will you do? 	<ul style="list-style-type: none"> • How will you access the learning you need? 	<ul style="list-style-type: none"> • When will you have completed this learning target?

[Type your answer directly into the box.]

Task 4

- List three types of learning which could be categorised as professional.
- Then list three types of learning which could be categorised as personal.

An example of each has been included below.

Professional development	Personal development
<i>A vocational course such as NCFE Level 1 Certificate in Warehousing and Storage</i>	<i>Communication skills</i>

[Type your answer directly into the box.]

Task 5

It is now time to think about all you have learned in this topic.

Describe a learning target for yourself.

Give three reasons why you have chosen this learning target.

A large, empty yellow rectangular box with a thin blue border, intended for the student to write their answer to the task questions.

[Type your answer directly into the box.]

Remember, when you have completed this sheet, save a copy to your desktop ready to upload for assessment.