**Healthy and Delicious**

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| Fluency, Language, and Text Features | Diagrams and Maps, Nouns, Punctuation, Glossary |
| Level | M |
| Content Area | Science – Life Sciences |
| Text Type | Informational |

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| **Teaching points** | **Notes** |
| **Diagrams and Maps**  Practise “reading” the MyPlate guide together. Talk through the diagram so that students figure out what the diagram is showing. Point out how much information is communicated visually and how it relates to the text. Discuss how it relates to the smaller “pie” diagrams in each chapter and how they relate to the percentages. |  |
| **Nouns**  Explain that nouns are “naming words” – words for things, people, or places. Point out that all the names of foods are nouns because they name the type of food. Ask students to find the “nouns” in the text as they read. |  |
| **Punctuation**  Remind students to notice punctuation as they read. Model how to make a longer pause (periods) or a shorter pause (commas, dashes, semi-colons, colons, and ellipses) to read aloud well. |  |
| **Glossary**  Words are bolded throughout the book so you know that you can check the glossary for their meaning. Model how to flip to the back of the book to look up the words alphabetically. |  |