

LIFE IN ANCIENT EGYPT

What was life like in Ancient Egypt?



First, there was no school! But that didn't mean the children just played all day. They actually had jobs – well, sort of. They were known as apprentices, which meant they were learning about a particular job. Usually, children had the same job as their parents.

So, if your parents were bakers then you would be a baker too.

Imagine you lived in Ancient Egypt. Your house would be made from mud and you would have no electricity. Instead, you would cook on a stone and clay oven and use a fire for warmth.

What would you cook in your oven? Living close to the River Nile meant that Ancient Egyptians ate a lot of different foods. They were able to fish in the river and the ground around the Nile was very fertile, so lots of different crops could easily be grown there. The one food enjoyed by everyone was garlic!

What you ate was bit different depending on if you were rich or poor. The rich ate meat, eggs, figs, dates and grapes. The poor ate fish, vegetables and eggs. Bread was a main food for everyone and it was made using wheat and barley. It could also be made into a dessert by sweetening it with dates, honey and figs.



And everyone ate with their hands!

How many of those foods have you tried?



Ancient Egyptians didn't eat tomatoes and kiwi. These are grown in other parts of the world, so they didn't know the food existed!



1. Why do you think the Ancient Egyptians decided to build their community near the River Nile?

2. What are the similarities and differences between your life and that of the Ancient Egyptians?
